

February  
2018

# The Southern Way

Southern York County School District

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## One Warrior at a Time

- Dr. Sandra Lemmon

*We are excited to continue on our journey to make a difference in each student's life, one Warrior at a Time! Through teamwork and collaboration, we are committed to providing an environment in which all students will develop skills to benefit them in their futures and develop a lifelong love of learning.*

*Our teachers, administrators, and Board Directors recently read the book 'The Innovator's Mindset' by George Courous. The author reminds us that if students leave school less curious than when they began, we have failed them as educators. He also believes that in order to succeed, students need to think for themselves and adapt to constantly changing situations, just as our world changes today. We support Courous' belief that our job is not solely to teach memorization but to spark curiosity that empowers our students to wonder, explore, and ask questions which lead to deeper learning. Our ongoing partnership with you is imperative to obtain these goals, and we are grateful for your support as we head into the second half of the school year.*

*Just a reminder that parent teacher conferences will be held in the evenings of February 14 and 15.*

*These conferences provide an excellent opportunity for you to communicate with your child's teacher and hear first hand about the learning taking place in our classrooms.*

*We hope you are able to join us for our annual Battle of the Buildings fundraiser. This year's Battle will be better than ever and will take place on February 22 at 6:30 p.m. in the High School gym. Come out to cheer on our staff and students as we join together for a fun-filled evening which benefits student scholarships!*



## SYCSD Board Recognized School Board Director

The Southern York County School District School Board of Directors recently recognized school board director C. Dianne Masimore for her 22 years of service. Masimore decided not to run for re-election.

Masimore served on the District's board since December 1995. She was honored by Board President Robert Schefter and Superintendent Dr. Sandra Lemmon at the November 16, 2017 meeting at the district administration building. Schefter thanked Masimore for her dedication to and passion for her service to the Southern York County School District. "It's been an honor and a privilege to serve on the Board with Dianne," said Schefter.

During her years of service, Masimore held the office of Vice President for 10 years and served on the Education Committee. She was also the chairperson of the Personnel and Policy Committee.

"Dianne made a significant contribution to community members, families, students, teachers, and entire staff of the District," said Dr. Lemmon. "She worked tirelessly in the best interest of the students," she added. "The District is a better place because of Dianne's efforts and service," Lemmon said.



C. Dianne Masimore

## SYCSD Highlights Accomplishments

The Southern York County School District's Annual Report to the Community for the 2016-17 school year is available.

We have sustained academic achievement on many levels, and our students continue to excel outside the classroom. In addition, our business operations continue to be a model of efficiency. We are extremely proud of our students and staff for their accomplishments, dedication, and commitment to providing the highest quality learning environment for our students in partnership with parents, guardians, and the entire community.

Here are a few highlights from 2016-17 as featured in the Annual Report:

### Advanced Placement (AP) Program

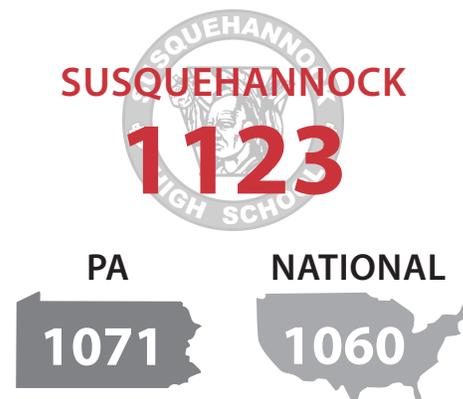
Southern York County School District's Advanced Placement (AP) program had another successful year. Susquehannock students participated in 346 AP exams in 2017. Students can earn college and university credits in one or more subjects for qualifying AP scores.

"Our staff has made it a goal to offer as many students as possible the opportunity to take an AP course," Dr. Bryson said. "The AP results are an indication of how successful the students and staff are at reaching this goal."

### Scholastic Aptitude Test (SAT) Scores

The SAT college admission test lets students show colleges what they know and

how well they can apply that knowledge. Susquehannock High School students performed well beyond the state and national averages on the SAT.



## FES Students Hold Canned Food Drive

The Friendship Elementary School student council demonstrated the meaning of paying it forward this holiday season by holding a canned food drive to benefit the Southern York County Food Pantry in New Freedom, PA. A total of 4,216 cans were collected by Friendship Elementary School students, staff, and families over a two-week period of time.

*At right, FES staff and members of the FES Student Council.*



## SYCSD Foundation Yields Exceptional Year

The 2016-17 fiscal year was an exceptional one for the Southern York County School District Foundation (SYCSDF). The SYCSDF provides giving opportunities for scholarships, projects, equipment, supplies and other purposes that benefit District students.

"In 2017, 177 scholarships were awarded to 109 students at Susquehannock High School," said Foundation President Glenn Geiple. The Foundation distributed \$120,671 in scholarships and awards through the Dollars for Scholars program. The scholarship program now features 36 permanently endowed scholarships. The Foundation has been active since 2001.

Last year the Foundation received more than \$184,000 in contributions. Net assets through the SYCSDF are approaching \$700,000. Furthermore, \$27,000 was donated to the School District's "Classrooms Without Walls" technology program through gifts from community members, businesses, and supporters.

"Thank you to the community, the School Board, businesses, and to the other organizations that donate money," Geiple said. "We are very happy to be able to provide these scholarships."

As the Foundation continues to grow, Geiple said that its board is currently working on programs to raise more scholarships as well as to create a legacy giving program for individuals who wish to donate to the Foundation.

To view the most recent annual report for the Southern York County School District Foundation or to learn about ways to contribute to the Foundation, visit the district website at [www.sycsd.org](http://www.sycsd.org) or call Susan Green, Executive Director, at 717-235-4811 ext. 7274.

*Right, Gail Seitz Prego presents 2017 grad Valerie Kosson with a Foundation Scholarship.*



## SMS Hosted Veterans Appreciation Night

Southern Middle School student council hosted a 'Veterans Appreciation Night' on Friday, November 10, 2017 to honor local veterans. The event took place in the Southern Middle School Auditorium.

Southern Middle School teachers and student council advisors April Melato and Laura Maxwell worked with student council members to plan the event. The program began in the auditorium and included a video presentation and musical performances by the Southern Middle School band and chorus. Each branch of the military was honored. Following the presentation, light refreshments were served in the cafeteria.

Melato said the evening was a success. "The best part of the event was seeing the students sit down with the local veterans and talk about their experiences serving in the military," said Melato. "There were a lot of smiles, handshakes, and memories made for everyone in attendance," she said.

## Senior Citizens May Be Eligible for Tax Relief

The Southern York County School District is pleased to announce that 2017-18 is the twelfth year of the Property Tax Rebate Program. Senior and disabled citizens may receive a rebate of up to \$500 of property taxes paid, if eligible. During 2016-17 over \$80,000 was rebated to 228 taxpayers.

To qualify for the program, you must be:

- 65 years or older, widow or widower (50 or older), or permanently disabled;
- Own and occupy your home in the Southern York County School District;
- Your total eligible annual household income is \$25,000 or less, which excludes one-half of Social Security benefits, supplemental Social Security income, and Tier 1 Railroad Retirement benefits; and
- Your 2017-18 tax bill must have been paid by December 31, 2017.

Applications are available at the Southern York County School District Administration Building, the South-Central York County Senior Center, or can be downloaded from the Southern York County School District's website ([www.sycsd.org](http://www.sycsd.org)) – at the top left corner, place your cursor on District, and navigate to Tax Information towards the bottom of the drop down menu, then select "Property Tax Rebate Program"). For questions and/or assistance, call the school district at 717-235-4811, extension 7300. We will be happy to help you complete the form by appointment.

The deadline for filing the rebate form is May 15, 2018.

## Act 1 Index and the 2017-18 Budget

Section 311(d)(1) of Act 1 permits a school district to elect to adopt a resolution indicating it will not raise the rate of any tax for the support of public schools for the following fiscal year by more than its index. Upon approval of the resolution, the school district can then follow a traditional budget development process and forego the accelerated Act 1 timeline.

The Southern York County School District is happy to announce that the Board passed a resolution on December 7, 2017 not to raise property taxes more than the Pennsylvania Department of Education index for the 2018-19 fiscal year. The Board of Education is committed to delivering a tax increase at or below the 2.9%

index, established by the Pennsylvania Department of Education.

It should be noted, however, that the percentage increase has not yet been determined. The proposed budget for the District is expected to be approved by the Board of Education at the April 19, 2018 Board meeting. The final budget is expected to be approved by the Board of Education at its regularly scheduled meeting of Thursday, May 24, 2018.

Following the April Board meeting, the proposed budget will be available for review on the District's website and also available at the Thomas R. Hensley District Administration Center.

## SHS Theatre Presents *Big Fish*

**April 13-15, 2018**

Susquehannock High School, Richard D. Hupper Auditorium  
Friday 7:00 p.m., Saturday 2:00 & 7:00 p.m., and Sunday 2:00 p.m.

For ticket information, visit [www.susquehannocktheatre.com](http://www.susquehannocktheatre.com)  
or call 235-4811, ext. 4901

### BOARD OF SCHOOL DIRECTORS

Robert Schefter .....	President
James Holley .....	Vice President
Bruce Bauman .....	Treasurer
Susan Green .....	Secretary
	(Non-Member)
Judi Fisher .....	Member
Jerri Groncki .....	Member
Ronald Groncki .....	Member
Karen Hellwig .....	Member
Deborah Kalina .....	Member
Allie Waldron .....	Member
Erin Kaliszak .....	Student Representative

### ADMINISTRATION

Dr. Sandra L. Lemmon .....	Superintendent
Dr. Robert J. Bryson .....	Asst. Superintendent
Susan Green .....	Chief Financial & Operations Officer

### BOARD MEETINGS

The Southern York County School District Board of Education holds meetings on the third Thursday of January through November, and the first Thursday of December, unless otherwise noted. Meetings are held at 7 p.m. in the Conference Room of the District Administration building. Meetings are also televised live via Comcast's Cable TV Channel 99.

### CONTACTING THE SCHOOL DISTRICT

(717) 235-4811

Friendship Elementary .....	Ext. 1901
Shrewsbury Elementary .....	Ext. 5901
Southern Elementary .....	Ext. 2901
Southern Middle School .....	Ext. 3901
Susquehannock High School .....	Ext. 4901
Susquehannock Guidance .....	Ext. 4902
Transportation .....	Ext. 7350
Business Office .....	Ext. 7278

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### MISSION STATEMENT

The Southern York County School District, through a cooperative effort with the family and community, will provide a quality learning environment that promotes character, fosters responsibility, and challenges students to achieve their potential.

*Adopted by Board of Education - 6/21/01*

The Southern York County School District is an equal opportunity educational institution and will not discriminate on the basis of race, color, national origin, ancestry, sex, or disability in any of its activities, programs, employment policies or practices as required by Title VI of the Civil Rights Act of 1974, Title IX of the Education Amendments of 1972, or Sections 503 and 504 of the Rehabilitation Act of 1973, or the American Disabilities Act of 1990. Employees and participants who have an inquiry or complaint of harassment or discrimination, or who need information about accommodations for persons with disabilities, should contact the office of the Assistant Superintendent of Schools, Southern York County School District, P.O. Box 128, Glen Rock, PA 17327-0128 or call (717) 235-4811.

### PUBLICATION

If you would like to receive a monthly electronic version of *The Southern Way*, please contact us at [info@sycsd.org](mailto:info@sycsd.org) to be added to our distribution list.

### WEBSITE

[www.sycsd.org](http://www.sycsd.org)

## Spring 2018 Adult Education Program

Class:	Instructor/s:	Description:	Location/Dates/Time:	Cost:
<b>NEW!</b> <b>Intro to Theatre and Improvisation</b>	Emma Browning <i>8 sessions, 2 hours each</i>	Learn the basics of acting, performing on stage, and telling stories through improvisation. Participants will benefit from increased confidence and skill.	SMS Room 102/Mondays/ March 12-April 30/7:00-9:00 p.m.	Resident: \$50 Non-resident: \$54 Senior Resident: \$25 Senior non-resident: \$29
<b>NEW!</b> <b>Public Speaking</b>	Emma Browning <i>8 sessions, 2 hours each</i>	Learn the basics of public speaking and techniques for posture, tone, and volume in voice, presentation, and preparation with a hands-on approach.	SMS Room 102/Tuesdays/ March 13-May 1/7:00-9:00 p.m.	Resident: \$50 Non-resident: \$54 Senior Resident: \$25 Senior non-resident: \$29
<b>NEW!</b> <b>Archaeology and Underwater Archaeology</b>	Emma Browning <i>8 sessions, 2 hours each</i>	Learn the basics of an archaeological excavation as well as the history and evolution of archaeology and underwater archaeology. Learn about culture, types, the excavation process, and looting/destruction.	SMS Room 102/Wednesdays/ March 14-May 2/7:00-9:00 p.m.	Resident: \$50 Non-resident: \$54 Senior Resident: \$25 Senior non-resident: \$29
<b>NEW!</b> <b>Repurpose Your Old Computer</b>	Robert Morris <i>6 sessions, 1.5 hours each</i>	Ideas to tweak, troubleshoot, and repurpose an "outdated" unit. Bring a laptop for demonstration. Emphasizing free software and "fix-your-own-at-home."	Susquehannock High School Room 102/Tuesdays/March 13 - April 17/7:00-8:30 p.m.	Resident: \$38 Non-resident: \$42 Senior Resident: \$19 Senior non-resident: \$24
<b>Introduction to Digital Photography</b>	David Crough <i>8 sessions, 2 hours each</i>	Participants will learn about camera controls and their effects on the image as well as the use of qualities to make images interesting and attractive to the eye. Bring your digital camera and manual (if available) to class.	Susquehannock High School Room 103/Mondays/March 12 - April 30/7:00-9:00 p.m.	Resident: \$70 Non-resident: \$74 Senior Resident: \$35 Senior non-resident: \$39
<b>Basic Microsoft Word and Excel</b>	Walt Cerkan <i>4 sessions, 2 hours each</i>	Participants will learn basic to intermediate Microsoft Word and Excel skills.	Southern Elementary School Computer Lab/March 22, 29, April 4, & 12/6:15-8:15 p.m.	Resident: \$50 Non-resident: \$54 Senior Resident: \$25 Senior non-resident: \$29
<b>Creative Writing</b>	Cara Achterberg <i>8 sessions, 2 hours each</i>	Participants will explore writing from many angles and learn the basics of fiction and creative non-fiction writing. Hands-on class with writing at every session.	Susquehannock High School Room 103/Tuesdays/March 13 - May 1/6:00-8:00 p.m.	Resident: \$65 Non-resident: \$69 Senior Resident: \$33 Senior non-resident: \$37
<b>Small Engine Repair</b>	Henry Hartman <i>8 sessions, 2 hours each</i>	Students will learn the basic principles of 2-stroke and 4-stroke cycle engines, carbureation, fuel systems, governors, ignition systems, general maintenance, overhauls, and valve jobs. Equal time in classroom and hands-on.	Susquehannock High School Rooms 014 & 022/Thursdays/ April 5 - May 24/7:00-9:00 p.m.	Resident: \$70 Non-resident: \$74 Senior Resident: \$35 Senior non-resident: \$39
<b>Basic Spanish</b>	Tracy Noll <i>6 sessions, 1.5 hours each</i>	No previous experience in Spanish is required. Students will spend the last two classes formulating simple sentences.	Susquehannock High School Room 100/Tuesdays/March 13 - April 17/6:30-8:00 p.m.	Resident: \$38 Non-resident: \$42 Senior Resident: \$19 Senior non-resident: \$24
<b>Basic Folk Guitar</b>	Jessica Buck <i>8 sessions, 1 hour each</i>	No prior music training required. You will learn chords and finger picking on acoustic guitar. Bring a playable non-electric guitar and a 3-ring notebook.	Southern Middle School Orchestra/Thursdays/March 15 - May 3/7:30-8:30 p.m.	Resident: \$32 Non-resident: \$36 Senior Resident: \$16 Senior non-resident: \$20
<b>German For Tourists</b>	Karin Mitchell <i>6 sessions, 1.5 hours each</i>	This class will get you started with an introduction to the German language and culture. The focus will be on speaking German.	Shrewsbury Elementary Library/Thursdays/March 15 - April 19/7:00-8:30 p.m.	Resident: \$38 Non-resident: \$42 Senior Resident: \$19 Senior non-resident: \$24

**SPRING 2018 CLASSES CONTINUED ON NEXT PAGE ►**

## Spring 2018 Adult Education Program

Class:	Instructor/s:	Description:	Location/Dates/Time:	Cost:
<b>Over 30 Basketball</b>	Jack Stoneberg  <i>8 sessions, 2 hours each</i>	Players over 30 will play full-court "pickup" basketball games. Participants should know basketball rules and be able to compete with a minimum of an average skill level. Bring a light and a dark t-shirt and wear sneakers to play.	Shrewsbury Elementary School Gym/Thursdays/ March 8 - April 26/8:00-10:00 p.m.	YMCA Member: \$33 Non-Y Member: \$65

## Spring 2018 Wellness Classes

**Classes take place at the Southern Branch YMCA and are taught by certified instructors. Classes are FREE for YMCA members and \$50 for non-members per class 10-week session.**

Class:	Description:	Day/Dates/Time:
<b>X-Bike: Mountain Biking Indoors</b>	Outdoor attitude brought indoors. Join the ride!	Tuesdays: 3/13 - 5/15/18, <b>6:30-7:00 p.m.</b> Thursdays: 3/15 - 5/17/18, <b>6:30-7:00 p.m.</b>
<b>Cardio Barre</b>	We believe that everyone is capable of rocking our classes: no dance experience required! As long as you can hold a ballet barre, you can do this class.	Mondays: 3/12 -5/14/18, <b>10:15-11:15 a.m.</b> Thursdays: 3/15 - 5/17/18, <b>6:30-7:30 p.m.</b>
<b>BodyCombat</b>	This empowering group cardio program is inspired by mixed martial arts and draws from disciplines such as karate, boxing, taekwondo, tai chi, and muay thai. Get unleashed!	Mondays: 3/12 -5/14/18, <b>6:30-7:30 p.m.</b> Tuesdays: 3/13 - 5/15/18, <b>6:00-6:45 p.m.</b> Wednesdays: 3/14 - 5/16/18, <b>5:30-6:30 p.m.</b> Saturdays: 3/17 - 5/19/18, <b>9:30-10:30 a.m.</b>
<b>Yoga</b>	Strengthen and re-energize by challenging your muscular strength, flexibility, and balance while training the mind to be focused.	Mondays: 3/12 -5/14/18, <b>5:00-6:00 p.m.</b>
<b>NEW! Restorative Yoga</b>	Combines breathing, movement, and deep stretches to promote calm, freedom of movement, and control of the body. All levels!	Tuesdays: 3/13 -5/15/18, <b>7:00-8:00 p.m.</b>
<b>HoopnoticaFit</b>	The Hoopfit Workout is 360 degrees of hoop dancing FUN! Each rotation of the hula hoop will super-charge your inner-energy!	Wednesdays: 3/14 - 5/16/18, <b>9:00-10:00 a.m.</b>
<b>NEW! Circuit Class</b>	Cardio, strength, endurance and strength make up this class!	Mondays: 3/12 -5/14/18, <b>10:15-11:15 a.m.</b>
<b>Tai Chi</b>	If you're looking for a way to reduce stress, consider tai chi (TIE-CHEE). Described as meditation in motion, tai chi promotes serenity through gentle, flowing motion.	Mondays: 3/12 -5/14/18, <b>9:15-10:15 a.m.</b>
<b>Seated Tai Chi</b>	Tai chi class executed in a seated position.	Fridays: 3/16 -5/18/18, <b>12:30-1:30 p.m.</b>
<b>NEW! Tai Chi FIT</b>	This class is about using flow to find fitness. Increase your range of motion and balance with low-impact exercise. Slow movements and breathing lead to increased strength.	Thursdays: 3/15 - 5/17/18, <b>5:45-6:30 p.m.</b>
<b>Pilates</b>	This class provides a safe, non-impact workout that builds core muscles to stabilize the spine and protect your back.	Mondays: 3/12 -5/14/18, <b>9:00-10:00 a.m.</b> Wednesdays: 3/14 - 5/16/18, <b>9:00-10:00 a.m.</b> Fridays: 3/16 -5/18/18, <b>9:00-10:00 a.m.</b>
<b>Red Hot Dance</b>	An invigorating, exhilarating, and calorie-burning dance party! Choreographed routines to current radio hits.	Fridays: 3/16 -5/18/18, <b>9:15-10:15 a.m.</b>
<b>Zumba</b>	Ditch the workout and join the party! Easy-to-follow Latin-inspired dance workout.	Wednesdays: 3/14 - 5/16/18, <b>9:15-10:15 a.m.</b>
<b>Total Body Conditioning</b>	This sculpting and toning class starts with a warm up and moves into exercises with resistance and stability balls.	Wednesdays: 3/14 - 5/16/18, <b>6:30-7:30 p.m.</b>
<b>NEW! Intro to Fencing</b>	For those who are new to fencing! Wear loose, comfortable clothing. Shorts are not suggested. Equipment is available for use. For ages 8 to Adult.	Thursdays: 3/15 - 5/17/18, <b>6:30-7:30 p.m.</b>
<b>BOOM: Muscle</b>	Have you hit a fitness plateau? Do you like fast-paced workouts that are done in 30 minutes? Can you handle a challenge? BOOM was developed by leading fitness experts to improve strength, flexibility, and endurance in convenient, 30-minute workouts. These classes will challenge you, but don't worry: one-handed pushups aren't required!	Saturdays: 3/17 - 5/19/18, <b>9:00-9:30 a.m.</b>
<b>BOOM: Mind</b>		Mondays: 3/12 - 5/14/18, <b>1:05-1:35 p.m.</b> Saturdays: 3/17 - 5/19/18, <b>9:30-10:00 a.m.</b>
<b>BOOM: Move It</b>		Mondays: 3/12 - 5/14/18, <b>12:30-1:00 p.m.</b>

**SPRING 2018 WELLNESS CLASSES CONTINUED ON NEXT PAGE ►**

## Residential Customer

### SPRING 2018 WELLNESS CLASSES CONTINUED FROM PAGE 5

Class:	Description:	Day/Dates/Time:	Cost:
<b>Yoga Stretch for Older Adults</b>	This class is performed from a seated and standing position to enhance energy, flexibility, balance, and well-being.	Tuesdays, 3/13 - 5/15/18, <b>11:30 a.m. - 12:30 p.m.</b> Fridays, 3/16 - 5/18/18, <b>11:30 a.m. - 12:30 p.m.</b>	YMCA Member: FREE Non-Y Member: \$50
<b>Older Adult Aerobics</b>	Have fun and move to the music to increase your cardiovascular fitness.	Wednesdays, 3/14 - 5/16/18, <b>10:30 - 11:30 a.m.</b>	YMCA Member: FREE Non-Y Member: \$50
<b>Older Adult Muscle and Movement</b>	Have fun and move to the music to increase your muscular strength, range of motion, and activity for daily living skills using various resistance and a chair for seated or standing support.	Mondays, 3/12 - 5/14/18, <b>11:30 a.m. - 12:30 p.m.</b> Thursdays, 3/15 - 5/17/18, <b>11:30 a.m. - 12:30 p.m.</b>	YMCA Member: FREE Non-Y Member: \$50
<b>Adult Swim Lessons</b>	This is a structured class and is designed for adults of all swimming abilities.	<b>7 week session beginning 3/1 - 4/12/18</b> Thursdays, <b>7:00 - 7:45 p.m.</b>	YMCA Member: FREE Non-Y Member: \$50
<b>Open Lap Swimming</b>	Swimmers can come in and swim laps or use water fitness equipment on their own.	<b>This will be offered for 10 weeks starting in February, Tuesdays, and Thursdays from 5:00 - 9:00 a.m.</b>	YMCA Member: FREE Non-Y Member: \$100

### Spring 2018 Adult Education Registration Form

*Please make checks payable to "Southern York County School District" and mail to:*

**Southern York County School District, Office of Community Relations , P.O. Box 128 , Glen Rock, PA 17327-0128**



Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_

Southern York Co. School District Resident?      \_\_\_ Yes \_\_\_ No

Senior Citizen (62 years or older)?                \_\_\_ Yes \_\_\_ No

**FOR Y WELLNESS CLASSES ONLY:** YMCA Member?    \_\_\_ Yes \_\_\_ No

Fee Enclosed: \$ \_\_\_\_\_ Course Name: \_\_\_\_\_

2nd Course Choice: \_\_\_\_\_

*I fully understand the risks involved in participating in any strenuous activity and I absolve the Southern York County School District from all liability for any personal injury incurred through my participation in any Southern York County School District sponsored Adult Education program.*

Signature: \_\_\_\_\_